# Roncalli H.S.





WE ARE CREATIVE. WE ARE SPIRITUAL. WE ARE SUPPORTIVE. WE ARE THE JETS!





### Fall Pilot



# A Day in the Life of a Student Athlete By: Charlie Carey

A day in the life of a high school athlete is a boatload of activity, dedication, and passion. From the moment the alarm clock rings in the early hours of the morning, these young athletes take on a demanding journey that has intense training, academic commitments, and a never-ending pursuit of excellence. With boundless energy and a clear sense of purpose, they navigate the challenges of balancing sports and studies, teamwork, and personal growth. In this glimpse into their daily routine, we dive into the world of high school athletes, where each day is a chapter in a story of determination and dreams.

I had the privilege of interviewing Rebecca Weigel. Her day begins at 6:30 a.m. when she rises and heads downstairs to drink a steaming cup of coffee with a touch of creamer, setting the tone for her day. Following this, she gets ready for the day ahead and takes a moment to catch up with her mother. At 7:35 a.m., she drives to school, arriving promptly at 7:40 a.m., where she enters through the Sophomore doors to meet her lifelong best friend, Liz.

Rebecca then goes about her school day until 3:10 p.m., when her day kicks into gear. A 15-minute drive takes her to Two Rivers for her swim practice. She arrives at 3:30 p.m., giving her 10 minutes to prepare herself before practice starts. Her coach usually starts with a warm-up, including a 200-yard swim and 8 sets of 50-yard individual medley kicks. Then, she dives into the main set, typically featuring various 100-yard segments. The practice concludes with a stretching session, concluding at 6 p.m.

Post-practice, she finds peace in listening to Taylor Swift during her ride home. When she arrives, she quickly takes a shower to rid her skin of chlorine residue, as she is allergic to it. Even though her practice was exhausting, she does her homework until 10 p.m., after which she can finally find rest, ready to do it all again the next day.









Next meet Madison Lamers, a talented young tennis player whose passion for the game defines her life. Her day begins like any other student, waking up at 6:00 a.m. to prepare for school. After a nutritious breakfast consisting of Nutella on toast, she heads to school. She excels academically, proving that she's not only a star on the court but also in the classroom.

In the afternoon, Madison eagerly heads to the tennis courts for her daily practice session. With a relentless work ethic, she works on her strokes, perfects her serve, and focuses on improving her court strategy with her doubles partner Megan Lamers. Her dedication to the sport and her teammates make her an unstoppable opponent on the tennis court. Evenings are dedicated to studying, talking with her family, and visualizing her own path to success. For Madison, tennis isn't just a sport; it's a lifestyle, and she's committed to "every swing, every match, and every win."









Max Docter Maurer's day kicks off at 6:10 a.m. His first task is to prepare a substantial breakfast that not only satisfies his hunger but also provides lasting energy to fuel him through school and practice. Max's breakfast options range from hearty choices like eggs, sausage, and avocado toast to oatmeal with bananas and blueberries. Efficiency is key in Max's world, so he spends only 10 minutes getting ready for school, ensuring that he utilizes every minute of his day. Max arrives at school promptly at 6:50 a.m. He's known for his dedication to both academics and athletics. Max strategically chooses to include milk in his lunch, not just for its nutritional benefits but also for the extra protein it provides, giving him a good source of energy throughout the school day.

When school ends at 3:10 p.m., Max doesn't get a break. He reaches for a protein bar to smash his hunger and prevent a stomach ache before heading to soccer practice. Max's practice sessions typically last from 3:30 p.m. to 5:30 p.m., during which he and his teammates endure creative insults from coaches or teammates, using humor to motivate and challenge one another.

After practice at 5:30 p.m., Max takes a moment to eat and shower. This break is short-lived as he then dives into another critical aspect of his life; academics. From 7:00 p.m. to 10:20 p.m., Max works on school assignments and homework, managing his time to excel in both areas. As Max says "life is too short to waste any minute."

Landon Chalupny's day begins at 6:45 a.m., allowing him a little extra rest compared to some early risers. He takes this time to wake up and get ready for school, making sure he's fresh and prepared to take on the day ahead. For breakfast, Landon enjoys a nutritious combination of peanut butter and banana, providing him with the energy to get his day going.

From 8:00 a.m. to 3:10 p.m., Landon works hard in school keeping up with his high expectations. His dedication to his studies is amazing, and he strives for excellence in both academics and athletics.

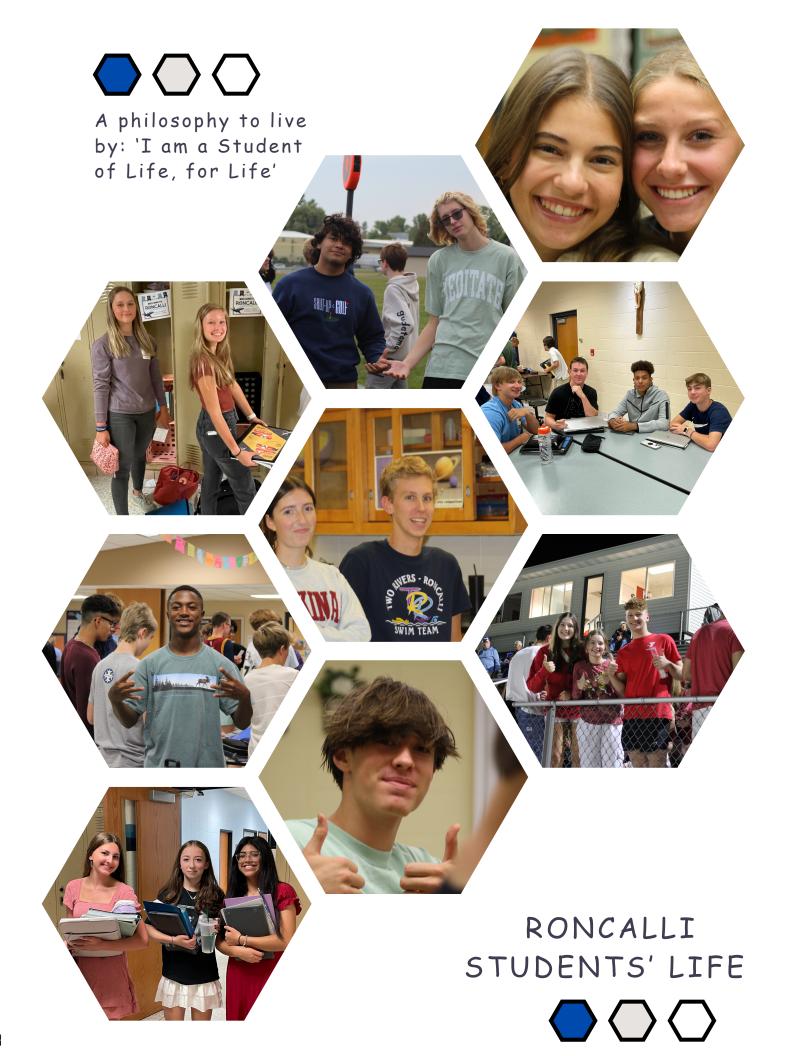
Following the school day, Landon goes straight to football practice, which lasts from 3:30 p.m. to 6 p.m. It's during these intense practices that he perfects his skills as quarterback for the Roncalli football team. He does this by working hard alongside his teammates; all sharing the common goal of success on the football field.

Landon's evening routine shows his commitment to maintaining a balanced life. He reserves the hours of 7 p.m. to 8 p.m. for a combination of homework and dinner, making sure he keeps his body healthy and stays on top of his homework. From 8:00 to 9:00 p.m., Landon spends quality time with his family, making strong connections and bonding. This period of interaction with loved ones is precious to him, providing balance and emotional support in his demanding life. Landon's passion for music shines through during his downtime. He enjoys listening to Frank Ocean's music. Like one of Landon's favorite quotes from Frank "You just do what you can and you have as much fun as possible."











By: Dawson Wheelis

- 1. Who had a 1973 Volkswagen Beetle in high school?
- A. Mr. Mack
- B. Mrs. MacDonald
- C. Mr. Mueller

- 2. What teacher has flossed and brushed their teeth everyday since September 20, 2009?
- A. Mr. Olson
- B. Mrs. Bishop
- C. Mrs. Blaser





**ANSWERS ON PAGE 8** 

- 3. What teacher Coached JV Volleyball, JV Boys Basketball, and Varsity Basketball?
  - A. Mr. Erickson
  - B. Mr. Mack
  - C. Mr. Mueller

- 4. What teacher's favorite animal is a red panda?
- A. Mrs. MacDonald
- B. Mrs. Bishop
- C. Mrs. Blaser





- 5. What teacher's favorite football team is the Chicago Bears?
- A. Dr. Schweigl
- B. Mr. Erickson
- C. Mr. Durmis

- 6. What teacher was saved from drowning in the Pacific Ocean?
- A. Mrs. Blaser
- B. Mr. Mueller
- C. Mrs. MacDonald



# KICK STARTING S.M.A.R.T. GOALS!

By: Maygen Ertman

Starting the new school year means many students begin to set up goals for academics, sports, and homework. Goals are meant to help set a standard or task(s) to be able to go through a process leading up to a win, either big or small. Setting up goals gives students and faculty a better chance of being more organized and self-prepared to be successful. At the beginning of this school year, new and old students experience things differently than others, and with these different experiences, some students and researchers believe goals are something special.

SMART Goals are Specific, Measurable, Attainable, Relevant, and Time-bound. These types of goals help to realistically finish a major goal. Educators use these types of goals to help students get set up for a positive and successful future.

At the beginning of the year, teachers often ask students 'What are your SMART Goals?' SMART Goals help students, staff, and faculty figure out who, what, when, where, and how they want the school year to go. A study conducted by Professor Dr. Gail Matthews from Michigan State University says that after thorough research and investigation about 76% of those who set their minds to finishing these SMART Goals often track their weekly progress. Figuring that 76% of students have the full mindset of finishing their SMART Goals, there's a 43% success rate. The research of Dr. Gail Matthews concluded that taking time to write down goals, create an action plan, and develop a support system will help complete a SMART Goal more effectively. SMART goals help everyone set up different types of goals, even athletes. Athletes gain more confidence and believe in their ability to succeed. Some athletes believe that SMART Goals will help prepare the right mindset and set them up for success in the future. Various athletes say they set up their goals based on how well they are doing performance-wise, while others base theirs on exceeding the limits and making a point for others to notice. Athletes can use these SMART goals to set up all types of SMART goals, but it's based on the person itself. SMART goals help set up long-term, short-term, yearly, performance, preparation, and lifestyle goals.

#### GOALS TRACKER

NAME: DATE:

My Top Three Goals						
1						
2						
3						



Action	Plon			STEP 5
Action fair			CTED 4	
			STEP 4	]
		STEP 3		
	STEP 2			
STEP 1				
Rewards	1	2	3	4

#### MUSIC MINDSET

EVERY DAY PEOPLE LISTEN TO MUSIC TO GET INTO THE RIGHT MINDSET. ATHLETES MAY LISTEN TO AN ENERGETIC SONG TO GET READY FOR A GAME, OR STUDENTS GETTING WORK DONE WILL LISTEN TO SOMETHING CALMING TO GET INTO THE WORKFLOW.

BEFORE A BIG GAME, ATHLETES NEED SOMETHING
THAT WILL BOTH GET THEM EXCITED, BUT ALSO
CALM, SO THEY ARE IN THE RIGHT MINDSET BEFORE
A BIG GAME. HERE ARE A FEW OF THE SONGS THESE
STUDENT-ATHLETES LISTEN TO BEFORE GAMES.



⇒ BY:DAWSON WHEELIS

#### Dylan Cvetezar

FAVORITE ARTIST: FRANK OCEAN

SONG: "DESPICABLE ME" BY PHARRELL WILLIAMS



ORIGINAL MOTION PICTURE SOUNDTRACK

Dylan is a senior this year and has been playing football for 8 years. Dylan stated, "This song gets the blood moving and once I hear this song I get focused for the game ahead." This song has an energetic tone throughout and gets Dylan hyped up before getting onto the field.

#### Gretchen Kapic

SPORT: VOLLEYBALL
FAVORITE ARTIST:TAYLOR GIRL
SONG:" I WANT CANDY" BY THE STRANGELOVES



Gretchen is a senior this year and has been playing volleyball for seven years. When asking her about why she chose this song Gretchen stated, "When I listen to the song I think about candy which gets me excited and ready for the game." This song's upbeat tone gets Gretchen ready for her games every Thursday.

#### Quirt Potter

SPORT: FOOTBALL
FAVORITE ARTIST: DANIEL CAESER
SONG: "SYMPHONY NO.4" BY BEETHOVEN



Quirt is a senior this year and has played football for four years. This song is meant to be calming and Quirt said, "It gets me focused because it calms me down before game time." This song's calm tone helps Quirt focus before his football games.

STUDENTS DURING AND AFTER SCHOOL HAVE WORK FROM THEIR CLASSES THAT MUST BE COMPLETED. WHEN DOING THESE ASSIGNMENTS, MANY STUDENTS LIKE TO LISTEN TO MUSIC TO PASS THE TIME AND GET THEIR WORK DONE. THESE ARE THE SONGS RONCALLI STUDENTS LISTEN TO DAILY.



FAVORITE ARTIST: FRANK OCEAN
SONG: HAPPY BY PHARRELL WILLIAMS



Lennon is a senior this year and when asked about why he chose this song he stated, "This song gets me in the groove and focused to do homework."



FAVORITE ARTIST: TYLER THE CREATOR SONG: "DYNAMITE" BY BTS



Jackson is a senior this year and when asked about the song he chose he said, "It's a exciting song to do work to and gets me hype for the next school day."

#### Ryan Cole

FAVORITE ARTIST:DRAKE
SONG: "ON TOP OF THE WORLD" BY IMAGINE
DRAGONS



Ryan is a junior this year and when doing homework he said "This song gives me the energy to focus and get my work done."





# Every Thing You Need to Know About Fall Sports

By: Jessica Hruby

What fall sports are offered at Roncalli? The fall sports are football, dance team, boys' soccer, cross country, girls' swimming, girls' tennis, and volleyball. The different sports go far or close to play a game or practice. The girls' tennis team and girls' swimming are combined with Two Rivers High School. Cross country home meets are held at Lincoln Park because the course is more challenging to run. Dance team performs at Ron Rubick Field at halftime during the varsity football games. This is what is going on this season and where to find each sport.



The places where the dance team practices are in the dance studio and in the auditorium stage. The dance team performs at football and basketball games. Mackenzie Arnold has been doing the dance team since she was a freshman. One of the things she enjoys most about the dance team is when they go get food before the game because they can hang out. She does dance team because it is something she enjoys.

During the season Libby Schmidt practices cross country at Roncalli and in the off season she runs at home on the treadmill. During the cross country season there are many different schools the team would go to around the area, the furthest meet is in Gibraltar. She started running in her freshman year because she enjoys the mental challenge of running and also likes the community of runners from all different schools who are working towards running in college. She started running because her dad wanted her to, now she keeps running because she wants to be a college athlete.





Volleyball team practices on Kersten Court the gym. They would play some of their volleyball games in the gym or would travel to other schools like Kiel, New Holstein, and Sheboygan Falls. Gretchen Kapic started playing volleyball in 7th grade and continued playing volleyball over the years. She enjoyed spending time with the team, making new friends and something to do after school. The reason Gretchen plays volleyball is because she enjoys playing.

The cross country team goes to different spots like Red Arrow Park, Lincoln Park or just stays on the Roncalli grounds to run. The cross country team runs at Kiel, Mishicot, and at Lincoln Park as Roncalli's home course. Victor Anzia started running cross country as a freshman. He enjoyed the food that he gets at the team dinners, and he does cross country for conditioning for different sports.





Girls' tennis is combined with Two Rivers High School and they practice at Two Rivers' tennis courts. Girls' tennis travels near and far by going to Appleton, Howards Grove, Kohler, or staying at Two Rivers to play on their own court. What Madison Lamers enjoys most about tennis is building new relationships with people. She was five years old when she started playing tennis, and she enjoyed it and kept playing.

Football practices on the football field where the JV football plays their games. Varsity football plays some of their away games at Random Lake, Kiel, and Manitowoc Lutheran. Quirt Potter started playing football his freshman year; he also does track and field but he enjoys football the most, especially running with the football and hitting people from behind or the side. He originally did not like football "because my grandma forced me to," but later learned to love it.



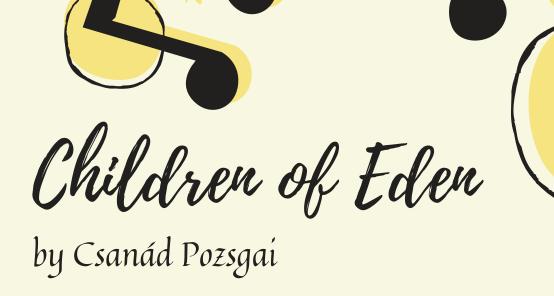


Soccer practices and plays soccer games out back of the school where JV and Varsity play their home games.

Varsity soccer plays some of their games at Kiel and Sheboygan Falls. Grayden Holsen started playing soccer in 7th grade; he most enjoys the team dinners. The reason he plays soccer is to stay in shape and build new relationships.

Girls' swimming is combined with Two Rivers high school, where they practice and have some of their swimming meets. Some of their away meets were at Plymouth, Kiel, Sheboygan, and Chilton. Faith Lepich started swimming in 5th grade and is now a junior. She enjoys the friendships between teams, and one reason she does swimming is because she doesn't like to be competitive against other people.





Theater at Roncalli High School is an intrinsic part of the school community. Let us take a look behind the scenes and get to know what it is like to participate in this performance art, with special attention to "Children of Eden", the musical about the first chapters of the book of Genesis, which is going to be performed on the 9th-12th of November in our school. I interviewed Mr. Olson and some of the cast members.

I first asked our former principal and prominent theology teacher, Mr. Olson, who has been involved in theater at the school for more than forty years. I asked him about his connection to singing and plays:

#### How did your interest in musicals and plays start?

"I've always been a singer, ever since third grade. I liked to perform so much that at one point I thought I wanted to be an actor. I participated in choir and theater in school and I was a choir teacher for more than twenty years. I have done a lot of acting, but I don't want to be an actor anymore (laughs)."

#### Can you tell us a little more about your acting career?

"Whenever there was an opportunity to perform, just perform music, acting, I was interested in doing that. I did TV commercials, I did radio commercials and I was in plays."





#### What do you like most about conducting the plays at Roncalli?

"I like the process more than the product. I enjoy putting it together; that's fun. I enjoy being around the cast; that's fun. It's fun to take the vision that you have in your head—because you have to have the whole vision in your head before you start—and to see if you can make it to show up. So I like the process of doing it."

#### What made you choose "Children of Eden" this year?

"We were going to do a comedy. But they are hard to find now: a comedy with a large cast and one which is not going to offend anybody.

And we have a lot of talented kids that you want to showcase, you want to give them an opportunity. And "Children of Eden" does that, I can give a lot of kids opportunity; older kids that have proven themselves and younger kids—an opportunity to demonstrate what they can do. That's the reason number one.

Reason number two: I like a show that says something, that has a message. The lyrics of the last song are about hope and reconciliation. So I like a show sometimes that has a message, that tells us something about ourselves."

#### Do you have a funny or interesting story you would share with the readers?

"When I was in high school my mother was so thrilled I quit athletics (I played football), because I kept getting hurt. I was breaking something all of the time. I get a good part in my first high school show and they

dropped the set on my head (laughs)."





Ms. Martin rehearsing with students.



I also approached some of the cast members with my questions. Amber Fiecko is a senior at Roncalli, who was in her first musical when she was in 4th grade and she has been participating in the musicals on and off since then. She has been in the fall productions since her sophomore year of high school.

#### What do you enjoy most about the fall musical? Do you have a favorite memory?

"My favorite memory of doing musicals is being a part of tech week and getting to wear our costumes for the first time."

"When I'm in musicals, I am typically in the ensemble. I enjoy being in the ensemble because I still get to be a part of the musical, but I don't have to have the pressure of memorizing a bunch of lines."

"The most fun thing about musicals (for me) is putting on the makeup and costumes to become a whole new person."

Jack Hyde is a junior who participated in his first musical when he was around six years old and he has been doing one or two each year ever since. He is also a member of the Roncalli High School Concert Choir.

#### What is the best about musicals? What keeps you participating?

"I just like music overall in general. The day of the musical, the minute before, when you step on stage you get a huge adrenaline rush. It feels ecstatic."

#### What is hard for you in performance? Do you have stage fright?

"For me, it's easier to go out with a bigger audience than with a smaller one. I'd say the hardest thing would be the constant repetition: memorizing lines and songs."

#### You have the role of Adam in "Children of Eden." How do you try to formulate your character?

"Usually before all the musicals I do, I like to watch them, how professionals and other schools do it. That is usually how I know what to do; when to do it."

These memories and aspects of school theater, especially the production of "Children of Eden" are the best encouragement for students who have never tried performing a play yet but would like to get involved. These stories and insights are also good reasons for all of the Roncalli school community to await in excitement the 9th of November, when "Children of Eden" is finally going to be brought to the audience.





### ICE CREAM FLAVORS

By: Jenna Wall

What is Roncalli's favorite ice cream flavor?



THE RONCALLI STUDENT BODY WAS SENT A SURVEY ASKING THEIR FAVORITE ICE CREAM FLAVOR. HERE ARE THE RESULTS FOLLOWED BY THE NUMBER OF VOTES EACH FLAVOR RECEIVED.



Cookie Dough: 21



Mint Chocolate Chip: 13 Birthday Cake: 13









Strawberry, Sherbet, Rocky Road, Cotton Candy: 5

> Pistachio: 2 Mango: 2





#### Welcome to the U.S.

By: Aiden Strathmann

International students come from all over the world to study and learn. They face many challenges in learning to live in a new country. Even though they know the language, there will always be struggles. They also have to learn how to live with new people and there will be times they get homesick. They learn and study lots of things about where they are going before they come, which can be a lot to take in.

Then they get to where they are going and have to learn a lot more.





International students will learn how to live with new people and create another group of family and friends which is great but when they go back home they have to leave all of the amazing people that they met. "Meeting new people, trying new things, and spending a year on my own were my main motives for (doing) an exchange. People, school, culture, lifestyle, and many other things are a big change which I need to get used to," states Michael Zimovacak.

Students have different feelings, this is what Csani Pozsgai thinks, "The experience as an exchange student is hard in the beginning, because of the cultural shock and different environment we get to experience. It very much depends on the person though, for example, I think I was able to adapt quickly to my new home and I don't feel homesick right now. It is more intoxicating than hard, but it is still a challenge."

A lot of International students play sports back home. Sports can be a lot different between here and where they are from. Some students come and play the same sports and some come to play different ones. Micheal Zimovacak explains, "I've been involved in soccer and water polo for a long time, but I decided to try something new. I've recently taken up football for the first time, primarily because my city doesn't have a football team, and I've really enjoyed it. Football is now one of my favorite sports." Csani Pozsgai says, "It's been a pleasure to try football, as it is new and peculiar to me, coming from a different culture. I like it very much and I look forward to trying other sports here for the first time."



In Slovakia and Europe, they do not have sports at school. If you want to play sports you have to join one in your city or town. Michael Zimovacak says, "This allows you to meet people outside of your high school, but it doesn't offer many opportunities to connect with fellow students through sports." Another difference with sports is that at Roncalli everyone who wants to play can play, but in Slovakia, you may get kicked off of the team. "It's important to excel in your chosen sport because city teams can be quite competitive, both to get into and once you're a part of them." explains Michael Zimovacak. The sports also differ very much. Csani Pozsgai says, "There are a couple of very distinct American sports, which are not mainstream in Hungary, for example, football, baseball, bowling, and lacrosse. Despite the small overall population, Hungary is very good at sports like water polo, show jumping, swimming, wrestling, kayaking, and handball. Most of the men in my homeland are fanatics of soccer, which we call futball."

Students come from all over the world and even though it can be stressful sometimes, they will miss it when they go back home. Around the world, people do things differently but we are all the same in some way.

#### **NEW YEAR, NEW TEACHERS**

#### By: Jenna Wall

The English, Science, Theology, and Fine Arts departments each gained a new member this year. There are four new teachers at Roncalli High School. The unfamiliar friendly faces seen in the hallways are likely to be Dr. McIlheran, Mr. Geiger, Ms. Kristoff, and Mr. Durmis. Teachers help to shape students to be the best possible people they can be. The Roncalli community welcomes them and is grateful for them.

Being a teacher is not as easy as one may think. The new teachers were asked a series of questions hand-picked by students at Roncalli High School. The first question is, "What is the most difficult thing about being a teacher?" Answers to the question included trying to take complicated material and make it (make sense) to every student, getting students to write complete sentences, and keeping up with the constant changes in students while also meeting everyone's needs. When asked the question, "Would you rather teach in the morning or evening and why?" the unattested response was in the morning. The answer simply came down to more energy and mental sharpness, though Mr. Durmis said it is because the coffee is "freshly brewed".

Out of the new teachers, the one with the most experience is Dr. McIlheran. She has been teaching for about 27 years. She enjoys teaching in the morning because the kids have more energy. When talking about music, Dr. McIlheran can always appreciate classic rock, though she does listen to a bit of everything. She came to Roncalli for the close-knit community.



Dr. McIlheran





Teachers care about their students. Something else Mr. Durmis cares about is ice cream. When asked his favorite flavor of ice cream, Mr. Durmis responded that "Grilled Stickies" from the Berkey Creamery at Penn State was the only option. The main reason Mr. Durmis traveled all the way from Pennsylvania to Wisconsin was the "great atmosphere". As a first-year teacher, Mr. Durmis is still learning all of the ropes. Some advice Mr. Durmis offers to students who take his class is to always do the homework.



Another first-year teacher at Roncalli is Mrs. Kristoff. She is a Roncalli Alumna Class of 2010. Part of the reason she came back to teach at Roncalli is because it is where she "fell in love" with music. Mrs. Kristoff is a cat lover. She has two cats by the names of Lightning and Tuesday. She is also a Marvel fan; her favorite movie is Thor Ragnarok.

Mr. Geiger does not have a favorite movie, but he does have a favorite book. His favorite book is *The Road* by Cormac McCarthy. Mr. Geiger chooses to teach at Roncalli because of the great Catholic atmosphere and support system of the community. He is a big fan of punk rock music and he enjoys a bit of rock and roll.



Mrs. Kristoff



**Mr.Geiger** 

One thing all of Roncalli's new teachers can agree on is that it is hard to stay on top of things with so much going on. Something students can do to make it easier for them this school year is to take their advice: do the homework for Mr. Durmis. To have a successful choir, singers should pay attention to the other sections when they are not singing to help learn how their part fits into the song. Take the material learned in Mr. Geiger's class and apply it to prayer life. Keep an open mind and see where it leads in English with Dr. McIlheran. The students at Roncalli High School greatly appreciate our new staff and are looking forward to a successful year!



#### **Beaters or Heaters**

**By:Aiden Strathmann** 



**DreamWorks Shrek Crocs** 



**Shrocs** 

What do you think about sneakers? Sneakers are taking the world by storm. Wherever you go, you see someone with a hyped-up pair of sneakers, or you hear people talking about them. Maybe you love hype sneakers, or maybe you think people who spend lots of money on them are crazy. Either way, people have to wear shoes.



**JACK KOEBERL SNEAKER COLLECTION** 

Some people have a real love and passion for sneakers like Braden Rabidoux who has 16 pairs of sneakers Braden has loved sneakers for 2 years.

Braden says, "I definitely don't spend all my money on sneakers I tend to set most of my money aside in a savings account and only purchase pairs when I see ones that I really like. I can afford the shoes by doing various jobs around my property for my parents." **BRADEN RABIDOUX** There are also people who have other ways to get money SNEAKER COLLECTION

and have more pairs. Jack Koeberl says, "I have 54 pairs and I don't spend all of my money on them. I can afford them by mowing lawns around the neighborhood and selling sports cards."

Sneakers are more than just a pair of shoes to some people, Braden says, "I like that my shoes are unique, and a lot of pairs tell a story, instead of just being a normal pair of sneakers. My favorite pair of

"Why So Sad?"

sneakers would have to be my "Why So Sad?" Nike SB Dunk lows. They promote suicide awareness as well as skateboarding." Jack Koeberl has a similar response, "I like sneakers because shoes explain a lot about a person's personality."

Sneakers can bring out several different emotions. You could be happy because you got a new pair for a good price, or mad because you paid a lot for a shoe and then the value goes down. You could also be mad because the shoes you wanted for forever, that you finally got, are taking forever to ship. Maybe you were coming home from the airport and the bag your shoes were in got misplaced by the airport. This happened to Braden Rabidoux, "One time on my flight back from Houston, Texas, the airport misplaced my bag with one of my other favorite pairs of sneakers in it. It took about 7 months before I received them back at my doorstep. I sure thought they were stolen!" Jack Koeberl says, "A funny story about me and sneakers is when I would walk around like a penguin so I would not crease them."

This is why sneakers are so popular and why people love them. They are way more than just sneakers to some people; shoes can have deeper meanings.

#### Why is Social Media Important?



Social media has its negative effects and positive effects on society. It helps people keep up with the daily chaos of the world around us. It also helps people see what their friends and family are up to. Social media captures beautiful moments that some never want to forget. Here are some of the moments with Roncalli students that will never be forgotten.











## Summer Fun

By: Jessica Hruby

Rodriguez

Volleyball Team Bonding

Family Vacation in

Peru





Beach Day

Roller Skating at Rollair





Hanging with Friends and Family



Dancing with the Team

#### IT'S YOUR HIGH SCHOOL EXPERIENCE

**BY: ARLIN HERNANDEZ CANO** 

Every student needs some advice when going through their high school years. There are very few chapters of people's lives that make them and shape them into who they are today or who they will be in the future. High school is only four years and in that little time many things can happen. People grow and learn what their passion is. High school also challenges many people to become the best version of themselves and sometimes people need a little advice to help them know what they are capable of achieving.

Our Roncalli seniors are here to help the younger students through their hard times throughout high school. Every student has their ups and downs in school. Those experiences help them learn the dos and don'ts of high school but they don't have to learn on their own that is why our upperclassmen want to share some advice to help them throughout their high school years. They have been through all of their hard times and they did it with the help of the upperclassmen that came before them, and they had friends by their side.

The seniors have already had their fair share of moments that they did not know how to handle. The seniors going through the experiences helps them learn what to do and what not to do in certain situations. They can help the lower classmen because believe it or not a lot of people go through the same experiences. That is why asking the seniors for some advice is good, so going through those experiences will be a little easier.





One of the Roncalli seniors gave very important advice that everyone should carry with them when going through high school. Grace Pribyl said, "Don't procrastinate, make the most of it, and do as much as possible." The advice focuses on getting your work done. You could join clubs, sports, or fun activities around school and not only would it help you have new experiences, but you can also help others by volunteering. This also looks good on college applications.

Another one of the Roncalli seniors Elizebeth Kinzel said, "Do what you like and not what others want you to do, don't be embarrassed of who you are, find your people and stick with them." The message she wants to bring is not to change yourself to fit in with other groups. You are perfect the way you are and friends will accept you just how you are. This advice can help many younger classmen because, from the advice many seniors gave, the biggest one was being yourself. This is some advice many underclassmen need to hear to find out who they are. It helps people find themselves through their high school years.



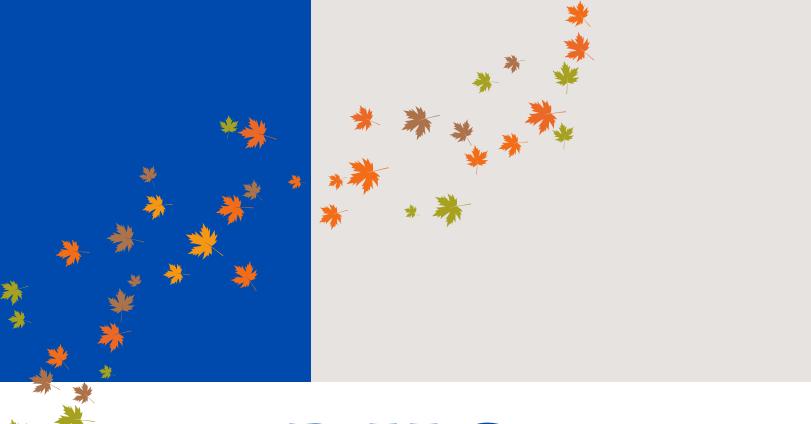
Another one of the Roncalli seniors gave us some valuable advice that everyone should remember. Rebecca Weigel said, "Don't worry about what others think and focus on yourself." Often people focus on unimportant things such as what they wear, who sees their outfits, what will people think about their clothes, and what people think about them. People don't realize those are the least important things. The people who care about you will stick with you no matter what.

Stay focused on no one else but yourself because it's your high school experience. "Get work in on time and live every day to the fullest," said Alejandro Cedano. Making sure you're keeping up with your grades is one of the most difficult yet most important things to do. Having teachers and classmates around to help huge help makes it easier. Teachers at Roncalli will do everything in their power to make every single student successful and they prove it by always being open to help the students.

High school does not last forever and we need to make the years memorable. Making friends and meeting new people is part of making high school a part of our lives that everyone should always want to remember. From the advice that some Roncalli seniors gave to the younger classmen, it's clear that the biggest advice to getting through high school is to be yourself. Many of the advice was to do what you want and to never change for people. Live life and have the best time in high school.



No matter what people tell you, no one knows what is best for you but you yourself. It's your high school experience and you are the only one who will remember your experience. Life will move on, but the advice you get from Roncalli seniors is something that you can take with you beyond high school. The experience of high school can help you become the person you want to be.



# R.H.S.

2023

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